

ADVISORY

What: CARI-MED Track and field coaches seminar

Where: Golf View Hotel

When: Saturday, December 5, 2015 2-5 pm

Kingston, Jamaica...CARI-MED Limited, a world class distributor of consumer products, pharmaceuticals and Hospital & Medical Equipment, is inviting Track&Field coaches and assistant coaches in central Jamaica to attend a Coaches Education Seminar scheduled for the Golf View Hotel at 5 1/2 Caledonia Road in Mandeville on Saturday, December 5, 2015 starting at 2 pm sharp.

The seminar will run until 5 pm during which there will be presentations on Sports Injuries and their management, Diet and Exercise and the Role of Supplements and Recovery Techniques: the role of ice baths, massages and other methods.

Speakers will include:

Dr. David Hanson Masters in Sports Medicine is a past team doctor to the Manchester High School Football Team and team doctor Los Perfectos Football Team. He is also the team doctor to Junior CARIFTA teams, Senior CAC Games and other national sporting events. He will speak on recovery techniques.

Dr. Safia Franklin Consultant Orthopaedic Surgeon is a FIFA certified medical instructor. She is a past team doctor to the National Football programme as well as team doctor for teams to the Pan Am Games and several other national sporting events. She will do the talk on injuries.

Dr. K. Gwyn Jones Consultant Orthopaedic Surgeon is Chairman the JADCO Therapeutic Use Exemption Committee (TUEC) and team doctor to several national sporting events. He will speak on supplements.

Participants will receive extremely useful gift bags courtesy of Carimed. Refreshments will be served.

For further information please contact:

Leighton Levy: levyl1@hotmail.com or 7982318