



JAMAICA ATHLETICS ADMINISTRATIVE ASSOCIATION

Established in 1932

JAAA 2021 NATIONAL SENIOR CHAMPIONSHIPS JUNE 24 – 27, 2021

ENTRY STANDARDS

EVENTS	WOMEN	MEN
100 M	11.70	10.60
200 M	23.50	21.00
400 M	53.70	47.00
800 M	2:08	1:50.00
1500 M	4:40.00	4:00.00
3000/ 5000 M	10:30.0	15:00.0
10000 M		35:00.0
3000 M SC	9:30.00	10:30.00
100 M /110 M Hurdles	13.75	13.90
400M Hurdles	58.00	52.00
Long Jump	6.10	7.70
High Jump	1.70	1.90
Triple Jump	13.00	15.00
Shot Put	15	18.00
Discus Throw	45.00	57.00
Javelin	45.00	63.00
Hep / Dec	4500	7000
Hammer Throw	58	64

PLEASE NOTE

This is the final Qualifying Standards for the JAAA 2021 National Senior Championships

– June 16, 2021 @ 4:42pm.

It replaces all previous submissions.