

SUPREME VENTURES/ NATIONAL SENIOR CHAMPIONSHIPS
JAMAICA ATHLETICS ADMINISTRATIVE ASSOCIATION
NATIONAL STADIUM - 06/30/2016 to 07/03/2016
Session Report

Session: 1 SENIOR TRIALS DAY 1
Day 1 - Thursday 06/30/2016 - Starts at 10:00 AM

	Event	Round
10:00 AM	#39 Men 100 Meter Dash QUALIFIERS	Prelims
5:30 PM	#34 Men Javelin Throw	Finals
5:32 PM	#28 Men Triple Jump	Finals
6:05 PM	#20 Women 400 Meter Hurdles	Prelims
6:20 PM	#21 Men 400 Meter Hurdles	Prelims
6:30 PM	#40 Men 400 Meter Hurdles Invitational	Finals
6:40 PM	#1 Women 100 Meter Dash	Prelims
7:00 PM	#2 Men 100 Meter Dash	Prelims

Session: 2 SENIOR TRIALS DAY 2
Day 2 - Friday 07/01/2016 - Starts at 05:00 PM

	Event	Round
5:00 PM	#22 Men Pole Vault	Finals
5:30 PM	#29 Women Discus Throw	Finals
5:30 PM	#38 Men 100 Meter Dash MASTERS	Finals
5:30 PM	#37 Men 400 Meter Dash MASTERS	Finals
5:45 PM	#5 Women 400 Meter Run	Prelims
6:00 PM	#6 Men 400 Meter Run	Prelims
7:00 PM	#23 Women Long Jump	Finals
7:00 PM	#1 Women 100 Meter Dash	Semis
7:12 PM	#2 Men 100 Meter Dash	Semis
7:28 PM	#8 Men 800 Meter Run	Prelims
7:42 PM	#12 Men 5000 Meter Run	Finals
8:10 PM	#20 Women 400 Meter Hurdles	Finals
8:20 PM	#21 Men 400 Meter Hurdles	Finals
8:35 PM	#9 Women 1500 Meter Run	Finals
8:42 PM	#10 Men 1500 Meter Run	Finals
9:00 PM	#1 Women 100 Meter Dash	Finals
9:15 PM	#2 Men 100 Meter Dash	Finals

SUPREME VENTURES/ NATIONAL SENIOR CHAMPIONSHIPS
JAMAICA ATHLETICS ADMINISTRATIVE ASSOCIATION
NATIONAL STADIUM - 06/30/2016 to 07/03/2016
Session Report

Session: 3 SENIOR TRIALS DAY 3
Day 3 - Saturday 07/02/2016 - Starts at 09:00 AM

Event	Round
9:00 AM #4 Men 200 Meter Dash	Prelims
9:30 AM #31 Women Hammer Throw	Finals
11:00 AM #32 Men Hammer Throw	Finals
5:00 PM #35 Women Shot Put	Finals
5:10 PM #24 Men Long Jump	Finals
5:15 PM #26 Men High Jump	Finals
6:15 PM #30 Men Discus Throw	Finals
6:30 PM #17 Men 110 Meter Hurdles	Prelims
6:50 PM #5 Women 400 Meter Run	Semis
7:00 PM #6 Men 400 Meter Run	Semis
7:25 PM #7 Women 800 Meter Run	Finals
7:30 PM #8 Men 800 Meter Run	Finals
7:45 PM #3 Women 200 Meter Dash	Prelims
7:55 PM #4 Men 200 Meter Dash	Semis
8:15 PM #17 Men 110 Meter Hurdles	Finals

Session: 4 SENIOR TRIALS DAY 4
Day 4 - Sunday 07/03/2016 - Starts at 05:00 PM

Event	Round
5:00 PM #33 Women Javelin Throw	Finals
5:00 PM #25 Women High Jump	Finals
5:30 PM #27 Women Triple Jump	Finals
5:30 PM #36 Men Shot Put	Finals
5:40 PM #16 Women 100 Meter Hurdles	Prelims
6:00 PM #5 Women 400 Meter Run	Finals
6:10 PM #6 Men 400 Meter Run	Finals
6:25 PM #3 Women 200 Meter Dash	Finals
6:40 PM #4 Men 200 Meter Dash	Finals
6:55 PM #16 Women 100 Meter Hurdles	Finals