

Dual Meet - 1/30/2021
Sprintec vs MVP
G C Foster College
Results - Dual Experience

Women 60 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|--------------------------|---------------------|--------|------|----|
| Finals | | | | |
| 1 Wallace, Shockoria | MVP | 7.61 | -3.0 | 2 |
| 2 Thompson-Herah, Elaine | MVP | 7.65 | -3.0 | 2 |
| 3 Burchell, Remona | Sprintec Track Club | 7.69 | -3.0 | 2 |
| 4 Strachan, Anthonique | MVP | 7.72 | -3.0 | 2 |
| 4 Nanda, Srabani | MVP | 7.72 | -3.0 | 2 |
| 6 Cameron, Kasheika | MVP | 7.74 | -3.0 | 2 |
| 7 Moodie, Mickaell | MVP | 7.90 | -2.9 | 1 |
| 8 Scarlett, Grizell | MVP | 8.05 | -2.9 | 1 |

Women 100 Meter Dash

| Name | Year Team | Finals | Wind |
|--------------------|-----------|--------|------|
| 1 Walker, Melissa | MVP | 13.17 | -2.6 |
| 2 Laidlaw, Kristen | MVP | 13.59 | -2.6 |

Women 200 Meter Dash

| Name | Year Team | Finals | Wind |
|----------------------|-------------------|--------|------|
| 1 Nanda, Srabani | MVP | 24.33 | -2.5 |
| 1 Wallace, Shockoria | MVP | 24.33 | -2.5 |
| 1 Cameron, Kasheika | MVP | 24.33 | -2.5 |
| 4 Moodie, Mickaell | MVP | 25.17 | -2.5 |
| 5 Scarlett, Grizell | MVP | 25.67 | -2.5 |
| 6 Allison, Shannette | GC Foster College | 26.34 | -2.5 |

Women 400 Meter Dash

| Name | Year Team | Finals | H# |
|----------------------------|---------------------|---------|----|
| 1 McPherson, Stephenie-Ann | MVP | 52.07 | 2 |
| 2 Williams, Sada | MVP | 52.67 | 2 |
| 3 Jenkins, Tovea | Sprintec Track Club | 52.75 | 2 |
| 4 Russell, Janieve | MVP | 52.95 | 2 |
| 5 Bromfield, Junelle | MVP | 54.15 | 2 |
| 6 Williams, Ashley | GC Foster College | 54.66 | 2 |
| 7 Steele, Saskieka | Unattached | 1:06.59 | 1 |
| 8 Siinclair, Antoinette | GC Foster College | 1:11.69 | 1 |

Women High Jump

| Name | Year Team | Finals |
|------------------------|------------|--------|
| 1 Williamson, Kimberly | Unattached | 1.81m |



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Women Long Jump

| Name | Year | Team | Finals | Wind |
|---|------|------|--------|------|
| 1 Stewart, Jodian | | MVP | 5.92m | 2.1 |
| 5.92m(2.1) 5.83m(1.8) 4.62m(3.3) FOUL(0.7) 5.79m(1.0) FOUL(1.3) | | | | |
| 2 Walker, Melissa | | MVP | 5.56m | 1.2 |
| 5.56m(1.2) 5.55m(0.2) 5.51m(2.3) 5.12m(3.7) 4.93m(1.8) 5.18m(4.0) | | | | |

Men 60 Meter Dash

| Name | Year | Team | Finals | Wind | H# |
|----------------------|------|---------------------|--------|------|----|
| 1 Forte, Julian | | MVP | 6.86 | -3.6 | 3 |
| 2 Gayle, Tajay | | MVP | 6.87 | -2.7 | 2 |
| 2 Fisher, Andrew | | Sprintec Track Club | 6.87 | -3.6 | 3 |
| 4 Ellis, Nigel | | MVP | 6.90 | -2.7 | 2 |
| 5 Goldson, Kadrian | | GC Foster College | 6.91 | -2.7 | 2 |
| 6 McPherson, Odaine | | GC Foster College | 6.93 | -3.6 | 3 |
| 7 Carter, Nesta | | MVP | J6.98 | -3.6 | 3 |
| 7 Bailey, Oshane | | Sprintec Track Club | J6.98 | -3.6 | 3 |
| 9 Rodney, Brendon | | Sprintec Track Club | 6.99 | -2.7 | 2 |
| 10 Hinds, Chadic | | Sprintec Track Club | 7.02 | -2.7 | 2 |
| 11 Campbell, Micheal | | MVP | 7.06 | -3.6 | 3 |
| 12 Barnswell, Ramone | | MVP | 7.09 | -3.6 | 3 |
| 13 Compton, Mckish | | GC Foster College | 7.12 | -3.6 | 3 |
| 14 Smith, Samuel | | MVP | 7.15 | -2.7 | 2 |
| 15 Bailey, Ramone | | MVP | 7.17 | -2.7 | 2 |
| 16 Tucker, Javoy | | MVP | 7.21 | -3.0 | 1 |
| 17 Miller, Andel | | MVP | 7.23 | -3.0 | 1 |
| 17 Williams, Delano | | MVP | 7.23 | -2.7 | 2 |
| 19 James, Shemar | | MVP | 7.26 | -3.0 | 1 |
| 20 Small, Kareem | | MVP | 7.30 | -3.0 | 1 |

Men 100 Meter Dash

| Name | Year | Team | Finals | Wind | H# |
|---------------------|------|-------------------|--------|------|----|
| 1 Whyte, Jevaughn | | GC Foster College | 11.02 | -3.8 | 2 |
| 2 Sharpe, Michael | | GC Foster College | 11.14 | -3.8 | 2 |
| 3 Thomas, Keishon | | GC Foster College | 11.17 | -3.8 | 2 |
| 4 Rawlins, Javon | | GC Foster College | 11.20 | -3.8 | 2 |
| 5 Dacres, Andrae | | GC Foster College | 11.27 | -3.8 | 2 |
| 6 Wilson, Orane | | GC Foster College | 11.35 | -3.8 | 2 |
| 7 Ellis, Anthony | | GC Foster College | 11.75 | -3.5 | 1 |
| 8 Sewell, Romal | | MVP | 11.89 | -3.5 | 1 |
| 9 Peters, Stevaughn | | MVP | 12.04 | -3.5 | 1 |
| 10 Green, Kasheem | | MVP | 12.13 | -3.5 | 1 |
| 11 Edwards, Adrian | | MVP | 12.14 | -3.5 | 1 |
| 12 Howell, Matthew | | MVP | 12.24 | -3.5 | 1 |
| 13 Hanson, Rajae | | MVP | 13.61 | -3.5 | 1 |



Dual Meet - 1/30/2021
Sprintec vs MVP
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Results - Dual Experience

Men 200 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|----------------------|---------------------|--------|------|----|
| 1 Bailey, Oshane | Sprintec Track Club | 21.74 | -4.8 | 4 |
| 2 Goldson, Kadrian | GC Foster College | 21.79 | -4.8 | 4 |
| 3 Sharpe, Michael | GC Foster College | 22.14 | -4.8 | 4 |
| 4 Smith, Samuel | MVP | 22.36 | -4.5 | 3 |
| 5 Jackson, OJ | GC Foster College | 22.40 | -4.5 | 3 |
| 6 Barnes, Zandrion | GC Foster College | 22.43 | -4.1 | 1 |
| 7 Ramie, Joseph | MVP | 22.44 | -4.5 | 3 |
| 8 Thomas, Keishon | GC Foster College | 22.52 | -4.8 | 4 |
| 9 Barnswell, Ramone | MVP | 22.58 | -4.8 | 4 |
| 10 Campbell, Micheal | MVP | 22.62 | -4.8 | 4 |
| 11 Rawlins, Javon | GC Foster College | 22.63 | -4.5 | 3 |
| 12 Wilson, Orane | GC Foster College | 22.96 | -4.5 | 3 |
| 13 McPherson, Odaine | GC Foster College | 22.97 | -4.1 | 1 |
| 14 Dacres, Andrae | GC Foster College | 23.00 | -5.5 | 2 |
| 15 Compton, Mckish | GC Foster College | 23.06 | -4.5 | 3 |
| 16 Tucker, Javoy | MVP | 23.23 | -4.5 | 3 |
| 17 Willis, Shemar | Unattached | 23.96 | -5.5 | 2 |
| 18 Ellis, Anthony | GC Foster College | 24.05 | -5.5 | 2 |
| 19 Peters, Stevaughn | MVP | 24.27 | -5.5 | 2 |
| 20 Sewell, Romal | MVP | 24.38 | -5.5 | 2 |
| 21 Green, Kasheem | MVP | 25.24 | -4.1 | 1 |
| 22 Howell, Matthew | MVP | 25.38 | -5.5 | 2 |
| 23 Hanson, Rajae | MVP | 27.43 | -4.1 | 1 |
| -- Small, Kareem | MVP | DNF | -5.5 | 2 |

Men 400 Meter Dash

| Name | Year Team | Finals | H# |
|---------------------|---------------------|--------|----|
| 1 Slater, Akani | GC Foster College | 46.55 | 2 |
| 2 Jackson, Jamoi | MVP | 47.23 | 2 |
| 3 Rodney, Brendon | Sprintec Track Club | 47.27 | 2 |
| 4 Hinds, Chadic | Sprintec Track Club | 48.45 | 2 |
| 5 White, Troy | GC Foster College | 48.46 | 1 |
| 6 McDonald, Rusheen | MVP | 48.50 | 2 |
| 7 Murray, Yonick | GC Foster College | 49.18 | 1 |
| 8 Sewell, Jordan | GC Foster College | 51.02 | 1 |
| 9 Baker, Devaughn | MVP | 52.04 | 2 |
| 10 Biggs, Glenmore | MVP | 57.11 | 1 |

Men 800 Meter Run

| Name | Year Team | Finals |
|--------------------|-------------------|---------|
| 1 Luke, Dennick | GC Foster College | 1:55.54 |
| 2 Wisdom, Taj-Leon | GC Foster College | 1:56.32 |
| 3 Tulloch, Adrian | MVP | 1:56.65 |



Dual Meet - 1/30/2021
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Results - Dual Experience

....Men 800 Meter Run

| | | |
|--------------------|-------------------|---------|
| 4 Gordon, Royale | GC Foster College | 1:56.70 |
| 5 Thompson, David | GC Foster College | 1:57.81 |
| 6 Calvin, Jermaine | GC Foster College | 2:09.02 |

Men 60 Meter Hurdles

| Name | Year Team | Finals | Wind |
|----------------------|-----------|--------|------|
| 1 Broadbell, Rasheed | MVP | 8.14 | -4.8 |
| 2 Bryan, Joel | MVP | 9.31 | -4.8 |

Men High Jump

| Name | Year Team | Finals |
|---------------------|-------------------|--------|
| 1 Humphrey, Horatio | GC Foster College | 2.00m |
| 2 Richards, Raymond | MVP | J1.95m |
| 2 Marshall, Damar | MVP | J1.95m |

Men Long Jump

| Name | Year Team | Finals | Wind |
|--|-----------|--------|------|
| 1 Gayle, Tajay | MVP | 7.57m | 1.5 |
| 7.46m(0.2) PASS(+0.0) FOUL(1.0) 7.23m(0.7) FOUL(0.3) 7.57m(1.5) | | | |
| 2 Bailey, Ramone | MVP | 7.20m | 0.5 |
| FOUL(0.5) 6.95m(2.3) FOUL(+0.0) 6.98m(1.2) PASS(1.5) 7.20m(0.5) | | | |
| 3 Ramie, Joseph | MVP | 6.88m | 0.5 |
| 6.70m(0.6) 6.56m(+0.0) 6.65m(0.1) 6.63m(0.3) 6.88m(0.5) 6.83m(2.3) | | | |

Men Shot Put

| Name | Year Team | Finals |
|---|-----------|--------|
| 1 Richards, O'Dayne | MVP | 18.62m |
| 17.61m 17.94m 17.84m 18.62m 18.62m FOUL | | |



Dual Meet - 1/30/2021
Sprintec vs MVP
G C Foster College
Results - Dual Experience

Women 60 Meter Dash

| Name | Year Team | Finals |
|--------------------------|---------------------|--------|
| Section 1 Wind: -2.9 | | |
| 1 Moodie, Mickaell | MVP | 7.90 |
| 2 Scarlett, Grizell | MVP | 8.05 |
| Section 2 Wind: -3.0 | | |
| 1 Wallace, Shockoria | MVP | 7.61 |
| 2 Thompson-Herah, Elaine | MVP | 7.65 |
| 3 Burchell, Remona | Sprintec Track Club | 7.69 |
| 4 Nanda, Srabani | MVP | J7.72 |
| 5 Strachan, Anthonique | MVP | J7.72 |
| 6 Cameron, Kasheika | MVP | 7.74 |

Women 100 Meter Dash

| Name | Year Team | Finals |
|----------------------|-----------|--------|
| Section 1 Wind: -2.6 | | |
| 1 Walker, Melissa | MVP | 13.17 |
| 2 Laidlaw, Kristen | MVP | 13.59 |

Women 200 Meter Dash

| Name | Year Team | Finals |
|----------------------|-------------------|--------|
| Section 1 Wind: -2.5 | | |
| 1 Cameron, Kasheika | MVP | J24.33 |
| 2 Wallace, Shockoria | MVP | J24.33 |
| 3 Nanda, Srabani | MVP | J24.33 |
| 4 Moodie, Mickaell | MVP | 25.17 |
| 5 Scarlett, Grizell | MVP | 25.67 |
| 6 Allison, Shannette | GC Foster College | 26.34 |

Women 400 Meter Dash

| Name | Year Team | Finals |
|----------------------------|---------------------|---------|
| Section 1 | | |
| 1 Steele, Saskieka | Unattached | 1:06.59 |
| 2 Siinclair, Antoinette | GC Foster College | 1:11.69 |
| Section 2 | | |
| 1 McPherson, Stephenie-Ann | MVP | 52.07 |
| 2 Williams, Sada | MVP | 52.67 |
| 3 Jenkins, Tovea | Sprintec Track Club | 52.75 |
| 4 Russell, Janieve | MVP | 52.95 |
| 5 Bromfield, Junelle | MVP | 54.15 |
| 6 Williams, Ashley | GC Foster College | 54.66 |



Dual Meet - 1/30/2021
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Results - Dual Experience

Women High Jump

| Name | Year Team | Finals |
|------------------------|------------|--------|
| Flight 1 | | |
| 1 Williamson, Kimberly | Unattached | 1.81m |

Women Long Jump

| Name | Year Team | Finals | Wind |
|---|-----------|--------|------|
| 1 Stewart, Jodian | MVP | 5.92m | 2.1 |
| 5.92m(2.1) 5.83m(1.8) 4.62m(3.3) FOUL(0.7) 5.79m(1.0) FOUL(1.3) | | | |
| 2 Walker, Melissa | MVP | 5.56m | 1.2 |
| 5.56m(1.2) 5.55m(0.2) 5.51m(2.3) 5.12m(3.7) 4.93m(1.8) 5.18m(4.0) | | | |

Men 60 Meter Dash

| Name | Year Team | Finals |
|----------------------|---------------------|--------|
| Section 1 Wind: -3.0 | | |
| 1 Tucker, Javoy | MVP | 7.21 |
| 2 Miller, Andel | MVP | 7.23 |
| 3 James, Shemar | MVP | 7.26 |
| 4 Small, Kareem | MVP | 7.30 |
| Section 2 Wind: -2.7 | | |
| 1 Gayle, Tajay | MVP | 6.87 |
| 2 Ellis, Nigel | MVP | 6.90 |
| 3 Goldson, Kadrian | GC Foster College | 6.91 |
| 4 Rodney, Brendon | Sprintec Track Club | 6.99 |
| 5 Hinds, Chadic | Sprintec Track Club | 7.02 |
| 6 Smith, Samuel | MVP | 7.15 |
| 7 Bailey, Ramone | MVP | 7.17 |
| 8 Williams, Delano | MVP | 7.23 |
| Section 3 Wind: -3.6 | | |
| 1 Forte, Julian | MVP | 6.86 |
| 2 Fisher, Andrew | Sprintec Track Club | 6.87 |
| 3 McPherson, Odaine | GC Foster College | 6.93 |
| 4 Carter, Nesta | MVP | J6.98 |
| 5 Bailey, Oshane | Sprintec Track Club | J6.98 |
| 6 Campbell, Micheal | MVP | 7.06 |
| 7 Barnswell, Ramone | MVP | 7.09 |
| 8 Compton, Mckish | GC Foster College | 7.12 |

Men 100 Meter Dash

| Name | Year Team | Finals |
|----------------------|-------------------|--------|
| Section 1 Wind: -3.5 | | |
| 1 Ellis, Anthony | GC Foster College | 11.75 |
| 2 Sewell, Romal | MVP | 11.89 |



Dual Meet - 1/30/2021
Sprintec vs MVP
G C Foster College
Results - Dual Experience

....Men 100 Meter Dash

| | | |
|---------------------|-----|-------|
| 3 Peters, Stevaughn | MVP | 12.04 |
| 4 Green, Kasheem | MVP | 12.13 |
| 5 Edwards, Adrian | MVP | 12.14 |
| 6 Howell, Matthew | MVP | 12.24 |
| 7 Hanson, Rajae | MVP | 13.61 |

Section 2 Wind: -3.8

| | | |
|-------------------|-------------------|-------|
| 1 Whyte, Jevaughn | GC Foster College | 11.02 |
| 2 Sharpe, Michael | GC Foster College | 11.14 |
| 3 Thomas, Keishon | GC Foster College | 11.17 |
| 4 Rawlins, Javon | GC Foster College | 11.20 |
| 5 Dacres, Andrae | GC Foster College | 11.27 |
| 6 Wilson, Orane | GC Foster College | 11.35 |

Men 200 Meter Dash

| Name | Year Team | Finals |
|----------------------|---------------------|--------|
| Section 1 Wind: -4.1 | | |
| 1 Barnes, Zandrion | GC Foster College | 22.43 |
| 2 McPherson, Odaine | GC Foster College | 22.97 |
| 3 Green, Kasheem | MVP | 25.24 |
| 4 Hanson, Rajae | MVP | 27.43 |
| Section 2 Wind: -5.5 | | |
| 1 Dacres, Andrae | GC Foster College | 23.00 |
| 2 Willis, Shemar | Unattached | 23.96 |
| 3 Ellis, Anthony | GC Foster College | 24.05 |
| 4 Peters, Stevaughn | MVP | 24.27 |
| 5 Sewell, Romal | MVP | 24.38 |
| 6 Howell, Matthew | MVP | 25.38 |
| -- Small, Kareem | MVP | DNF |
| Section 3 Wind: -4.5 | | |
| 1 Smith, Samuel | MVP | 22.36 |
| 2 Jackson, OJ | GC Foster College | 22.40 |
| 3 Ramie, Joseph | MVP | 22.44 |
| 4 Rawlins, Javon | GC Foster College | 22.63 |
| 5 Wilson, Orane | GC Foster College | 22.96 |
| 6 Compton, Mckish | GC Foster College | 23.06 |
| 7 Tucker, Javoy | MVP | 23.23 |
| Section 4 Wind: -4.8 | | |
| 1 Bailey, Oshane | Sprintec Track Club | 21.74 |
| 2 Goldson, Kadrian | GC Foster College | 21.79 |
| 3 Sharpe, Michael | GC Foster College | 22.14 |
| 4 Thomas, Keishon | GC Foster College | 22.52 |
| 5 Barnswell, Ramone | MVP | 22.58 |
| 6 Campbell, Micheal | MVP | 22.62 |



Dual Meet - 1/30/2021
Sprintec vs MVP
G C Foster College
Results - Dual Experience

Men 400 Meter Dash

| Name | Year Team | Finals |
|---------------------|---------------------|--------|
| Section 1 | | |
| 1 White, Troy | GC Foster College | 48.46 |
| 2 Murray, Yonick | GC Foster College | 49.18 |
| 3 Sewell, Jordan | GC Foster College | 51.02 |
| 4 Biggs, Glenmore | MVP | 57.11 |
| Section 2 | | |
| 1 Slater, Akani | GC Foster College | 46.55 |
| 2 Jackson, Jamoi | MVP | 47.23 |
| 3 Rodney, Brendon | Sprintec Track Club | 47.27 |
| 4 Hinds, Chadic | Sprintec Track Club | 48.45 |
| 5 McDonald, Rusheen | MVP | 48.50 |
| 6 Baker, Devaughn | MVP | 52.04 |

Men 800 Meter Run

| Name | Year Team | Finals |
|--------------------|-------------------|---------|
| Section 1 | | |
| 1 Luke, Dennick | GC Foster College | 1:55.54 |
| 2 Wisdom, Taj-Leon | GC Foster College | 1:56.32 |
| 3 Tulloch, Adrian | MVP | 1:56.65 |
| 4 Gordon, Royale | GC Foster College | 1:56.70 |
| 5 Thompson, David | GC Foster College | 1:57.81 |
| 6 Calvin, Jermaine | GC Foster College | 2:09.02 |

Men 60 Meter Hurdles

| Name | Year Team | Finals |
|---------------------------|-----------|--------|
| Section 1 Wind: -4.8 | | |
| 1 Broadbell, Rasheed | MVP | 8.14 |
| 2 Bryan, Joel | MVP | 9.31 |

Men High Jump

| Name | Year Team | Finals |
|---------------------|-------------------|--------|
| Flight 1 | | |
| 1 Humphrey, Horatio | GC Foster College | 2.00m |
| 2 Richards, Raymond | MVP | J1.95m |
| 3 Marshall, Damar | MVP | J1.95m |

Men Long Jump

| Name | Year Team | Finals | Wind |
|------|-----------|--------|------|
|------|-----------|--------|------|



Dual Meet - 1/30/2021
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G C Foster College
Results - Dual Experience

....Men Long Jump

| | | | | |
|---|-----------------------------------|-----|-----------------------|------------|
| 1 | Gayle, Tajay | MVP | 7.57m | 1.5 |
| | 7.46m(0.2) PASS(+0.0) FOUL(1.0) | | 7.23m(0.7) FOUL(0.3) | 7.57m(1.5) |
| 2 | Bailey, Ramone | MVP | 7.20m | 0.5 |
| | FOUL(0.5) 6.95m(2.3) FOUL(+0.0) | | 6.98m(1.2) PASS(1.5) | 7.20m(0.5) |
| 3 | Ramie, Joseph | MVP | 6.88m | 0.5 |
| | 6.70m(0.6) 6.56m(+0.0) 6.65m(0.1) | | 6.63m(0.3) 6.88m(0.5) | 6.83m(2.3) |

Men Shot Put

| Name | Year | Team | Finals |
|---------------------|--------|--------|---------------------------|
| 1 Richards, O'Dayne | | MVP | 18.62m |
| | 17.61m | 17.94m | 17.84m 18.62m 18.62m FOUL |



Triangular Performance Trial - 2/13/2021**G C Foster College****Results - The Triangular Training****Women 60 Meter Dash**

| Name | Year Team | Finals | Wind | H# |
|--------------------------|---------------------|--------|------|----|
| Finals | | | | |
| 1 Thompson-Herah, Elaine | MVP | 7.31 | -1.7 | 2 |
| 2 Morrison, Natasha | MVP | 7.42 | -1.7 | 2 |
| 3 Wallace, Shockoria | MVP | 7.44 | -1.7 | 1 |
| 4 Nanda, Srabani | MVP | 7.46 | -1.7 | 2 |
| 5 Cameron, Kasheika | MVP | 7.48 | -1.7 | 1 |
| 6 Burchell, Remona | Sprintec Track Club | 7.56 | -1.7 | 2 |
| 7 Strachan, Anthonique | MVP | 7.58 | -1.7 | 2 |
| 8 Moodie, Mickaell | MVP | 7.79 | -1.7 | 1 |
| 9 Scarlett, Grizell | MVP | 7.90 | -1.7 | 1 |
| 10 Laidlaw, Kristen | MVP | 8.27 | -1.7 | 1 |

Women 100 Meter Dash

| Name | Year Team | Finals | Wind |
|---------------------|---------------------|--------|------|
| 1 Thompson, Yanique | Sprintec Track Club | 12.20 | -1.2 |
| 2 Lindsay, Toni-Ann | G C Foster College | 12.23 | -1.2 |
| 3 Allison, Shanette | G C Foster College | 12.47 | -1.2 |
| 4 Henry, Shurria | G C Foster College | 12.89 | -1.2 |
| 5 Walker, Melissa | MVP | 12.90 | -1.2 |

Women 200 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|----------------------|---------------------|--------|------|----|
| 1 Jackson, Shericka | MVP | 22.79 | 0.7 | 2 |
| 2 Cameron, Kasheika | MVP | 23.65 | 0.7 | 2 |
| 3 Nanda, Srabani | MVP | 23.76 | 0.7 | 2 |
| 4 Wallace, Shockoria | MVP | 23.85 | 0.7 | 2 |
| 5 Williams, Ashley | G C Foster College | 24.05 | 0.7 | 2 |
| 6 James, Tiffany | Unattached | 24.07 | 0.7 | 2 |
| 7 Williams, Jodean | Racers Track Club | 24.11 | 0.7 | 2 |
| 8 Burchell, Remona | Sprintec Track Club | 24.34 | 0.7 | 2 |
| 9 Moodie, Mickaell | MVP | 24.89 | 1.4 | 1 |
| 10 Scarlett, Grizell | MVP | 25.06 | 1.4 | 1 |
| 11 Kent, Danielle | Unattached | 25.34 | 1.4 | 1 |
| 12 Lindsay, Toni-Ann | G C Foster College | 25.70 | 1.4 | 1 |

Women 400 Meter Run

| Name | Year Team | Finals | H# |
|----------------------------|---------------------|--------|----|
| 1 McPherson, Stephenie-Ann | MVP | 51.70 | 2 |
| 2 Williams, Sada | MVP | 52.12 | 2 |
| 3 Russell, Janieve | MVP | 52.25 | 2 |
| 4 Whyte, Ronda | Sprintec Track Club | 53.32 | 2 |
| 5 Jenkins, Tovea | Sprintec Track Club | 53.34 | 2 |



Triangular Performance Trial - 2/13/2021**G C Foster College****Results - The Triangular Training****...Women 400 Meter Run**

| | | | |
|-------------------------|--------------------|---------|---|
| 6 Day, Christine | Unattached | 53.80 | 2 |
| 7 Reid, Brianna | G C Foster College | 59.06 | 1 |
| 8 Harriott, Michae | G C Foster College | 1:00.55 | 1 |
| 9 Harris, Trishauna | MVP | 1:05.39 | 1 |
| 10 Sinclair, Antoinette | G C Foster College | 1:07.15 | 1 |

Women Long Jump

| Name | Year Team | Finals | Wind |
|---|-----------|--------|------|
| 1 Walker, Melissa | MVP | 5.41m | -3.3 |
| 4.87m(-1.6) 5.07m(-2.6) 5.41m(-3.3) 5.00m(-2.6) 4.85m(-3.5) 5.08m(-3.0) | | | |

Men 60 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|----------------------|---------------------|--------|------|----|
| 1 Forte, Julian | MVP | 6.66 | -1.6 | 3 |
| 2 Carter, Nesta | MVP | 6.71 | -1.6 | 3 |
| 3 Gayle, Tajay | MVP | 6.78 | -2.4 | 2 |
| 3 Bailey, Oshane | Sprintec Track Club | 6.78 | -1.6 | 3 |
| 5 Powell, Asafa | MVP | 6.80 | -2.3 | 1 |
| 6 Ellis, Nigel | MVP | 6.81 | -1.6 | 3 |
| 7 Campbell, Micheal | MVP | 6.84 | -1.6 | 3 |
| 8 Goldson, Kadrian | G C Foster College | 6.85 | -1.6 | 3 |
| 8 Broadbell, Rasheed | MVP | 6.85 | -2.4 | 2 |
| 10 Rodney, Brendon | Sprintec Track Club | 6.90 | -2.4 | 2 |
| 11 Compton, Mckish | G C Foster College | 6.93 | -2.4 | 2 |
| 12 Barnswell, Ramone | MVP | 6.94 | -1.6 | 3 |
| 13 Smith, Samuel | MVP | 6.96 | -2.3 | 1 |
| 13 Hinds, Chadic | Sprintec Track Club | 6.96 | -2.4 | 2 |
| 15 McPherson, Odaine | G C Foster College | 7.05 | -2.4 | 2 |
| 16 Morrison, Travane | MVP | 7.07 | -2.4 | 2 |
| 17 Williams, Delano | MVP | 7.13 | -2.4 | 2 |
| 18 Small, Kareem | MVP | 7.15 | -2.3 | 1 |

Men 100 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|----------------------|--------------------|--------|------|----|
| 1 Anderson, Kenroy | Unattached | 10.42 | 1.4 | 3 |
| 2 Whyte, Jevaughn | G C Foster College | 10.60 | 1.4 | 3 |
| 3 Thomas, Keishon | G C Foster College | 10.74 | 1.4 | 3 |
| 4 Sharpe, Michael | G C Foster College | 10.79 | 0.7 | 2 |
| 5 Grant, Junior | G C Foster College | 10.89 | 1.4 | 3 |
| 6 Rawlins, Javon | G C Foster College | 10.90 | 1.4 | 3 |
| 7 Wilson, Orane | G C Foster College | 10.94 | 0.7 | 2 |
| 8 Dacres, Andrae | G C Foster College | 10.96 | 0.7 | 2 |
| 9 Willis, Shemar | Unattached | 11.05 | 1.4 | 3 |
| 10 Brown, Washington | G C Foster College | 11.10 | 1.4 | 3 |



Triangular Performance Trial - 2/13/2021**G C Foster College****Results - The Triangular Training****...Men 100 Meter Dash**

| | | | | |
|----------------------|--------------------|-------|-----|---|
| 11 Walters, Roger | MVP | 11.24 | 0.9 | 1 |
| 12 Parks, Joshuane | G C Foster College | 11.27 | 0.9 | 1 |
| 13 Ellis, Anthony | G C Foster College | 11.48 | 0.7 | 2 |
| 14 Sewell, Romal | MVP | 11.51 | 0.7 | 2 |
| 15 Edwards, Adrian | MVP | 11.73 | 0.9 | 1 |
| 16 Peters, Stevaughn | MVP | 11.74 | 0.7 | 2 |
| 17 Howell, Matthew | MVP | 11.94 | 0.7 | 2 |

Men 200 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|----------------------|---------------------|--------|------|----|
| 1 Hughes, Zharnel | Racers Track Club | 20.43 | 2.6 | 5 |
| 2 Francis, Miguel | Racers Track Club | 20.45 | 2.9 | 4 |
| 3 Seville, Oblique | Racers Track Club | 20.68 | 2.6 | 5 |
| 4 Bailey, Oshane | Sprintec Track Club | 20.87 | 2.6 | 5 |
| 5 Goldson, Kadrian | G C Foster College | 21.14 | 2.6 | 5 |
| 6 Morrison, Travane | MVP | 21.40 | 2.9 | 4 |
| 6 Anderson, Kenroy | Unattached | 21.40 | 1.9 | 2 |
| 8 Baker, Devaughn | MVP | 21.50 | 2.6 | 5 |
| 9 Stephens, Michael | Racers Track Club | 21.57 | 1.9 | 3 |
| 10 Stone, Kevon | Racers Track Club | 21.61 | 2.9 | 4 |
| 11 Whyte, Jevaughn | G C Foster College | 21.64 | 1.9 | 3 |
| 12 Smith, Samuel | MVP | 21.68 | 1.9 | 3 |
| 13 Grant, Junior | G C Foster College | 21.69 | 2.6 | 5 |
| 14 Barnswell, Ramone | MVP | 21.70 | 2.9 | 4 |
| 15 Gaye, Demish | Sprintec Track Club | 21.71 | 1.9 | 1 |
| 16 Fisher, Orlando | Racers Track Club | 21.73 | 2.9 | 4 |
| 17 Thomas, Keishon | G C Foster College | 21.86 | 1.9 | 3 |
| 18 Jackson, OJ | G C Foster College | 21.89 | 2.9 | 4 |
| 19 Dacres, Andrae | G C Foster College | 22.06 | 1.9 | 2 |
| 20 Miller, Rechmail | Racers Track Club | 22.10 | 2.9 | 4 |
| 21 Compton, Mckish | G C Foster College | 22.19 | 1.9 | 2 |
| 22 Emmanuel, Justin | Unattached | 22.30 | 1.9 | 3 |
| 23 Wilson, Orane | G C Foster College | 22.38 | 1.9 | 2 |
| 24 Ramie, Joseph | MVP | 22.39 | 1.9 | 3 |
| 25 Willis, Shemar | Unattached | 22.67 | 1.9 | 1 |
| 26 Cole, Rohan | MVP | 22.79 | 1.9 | 2 |
| 27 Gordon, Wayne | Racers Track Club | 22.98 | 2.6 | 5 |
| 28 Sewell, Romal | MVP | 23.40 | 1.9 | 1 |
| 29 Small, Kareem | MVP | 23.45 | 1.9 | 2 |
| 30 Ellis, Anthony | G C Foster College | 23.47 | 1.9 | 1 |
| 31 Peters, Stevaughn | MVP | 23.62 | 1.9 | 1 |
| 32 Howell, Matthew | MVP | 24.41 | 1.9 | 1 |

Men 400 Meter Run

| Name | Year Team | Finals | H# |
|----------------|-------------------|--------|----|
| 1 Cox, Anthony | Racers Track Club | 47.09 | 3 |



Triangular Performance Trial - 2/13/2021**G C Foster College****Results - The Triangular Training****...Men 400 Meter Run**

| | | | |
|------------------------|---------------------|-------|---|
| 2 Slater, Akani | G C Foster College | 47.11 | 3 |
| 3 Barnes, Zandrian | G C Foster College | 47.37 | 2 |
| 4 Jackson, Jamoi | MVP | 47.38 | 2 |
| 5 Henry, Paul | Unattached | 48.09 | 2 |
| 6 Rodney, Brendon | Sprintec Track Club | 48.25 | 3 |
| 7 Murray, Demar | G C Foster College | 48.73 | 3 |
| 8 Hinds, Chadic | Sprintec Track Club | 49.05 | 2 |
| 9 Whyte, Troy | G C Foster College | 49.30 | 1 |
| 10 Murray, Yonick | G C Foster College | 49.48 | 1 |
| 11 Dwyer, Rasheed | Sprintec Track Club | 49.61 | 3 |
| 12 Dyett, Jalen | MVP | 49.97 | 2 |
| 13 Black, Robin | Unattached | 50.19 | 2 |
| 14 Wisdom, Taj-Leon | G C Foster College | 50.30 | 1 |
| 15 Williams, Romario | Sprintec Track Club | 51.25 | 2 |
| 16 Biggs, Glenmore | MVP | 54.44 | 1 |
| -- Ellington, Devaughn | Racers Track Club | DNF | 2 |

Men 800 Meter Run

| Name | Year Team | Finals |
|---------------------|--------------------|---------|
| 1 Liranzo, Jorge F. | Unattached | 1:54.97 |
| 2 Luke, Dennick | G C Foster College | 1:56.15 |
| 3 Daley, Devontae | G C Foster College | 1:58.59 |
| 4 Tulloch, Adrian | MVP | 1:59.74 |
| 5 Gordon, Royale | G C Foster College | 2:00.49 |
| 6 Calvin, Jermaine | G C Foster College | 2:07.20 |

Men 60 Meter Hurdles

| Name | Year Team | Finals | Wind |
|----------------------|-----------|--------|------|
| 1 Broadbell, Rasheed | MVP | 7.59 | 2.3 |
| 2 Cole, Rohan | MVP | 7.99 | 2.3 |

Men Long Jump

| Name | Year Team | Finals | Wind |
|---|--------------------|--------|------|
| 1 Thompson, Shawn-D | G C Foster College | 7.55m | -3.0 |
| 7.03m(-4.3) FOUL(1.3) 7.55m(-3.0) FOUL(-1.8) FOUL | | FOUL | |
| 2 Gayle, Tajay | MVP | 7.29m | -2.1 |
| FOUL(-2.5) 7.29m(-2.1) 7.26m(-2.2) FOUL(-3.9) FOUL(-3.7) FOUL(-2.8) | | | |
| 3 Ramie, Joseph | MVP | 6.89m | -4.2 |
| 6.65m(-2.5) 6.56m(-2.4) 6.67m(-4.5) 6.77m(-5.1) 6.83m(-3.8) 6.89m(-4.2) | | | |
| 4 Parkinson, Chevaugn | G C Foster College | 6.36m | -2.8 |
| FOUL(-1.8) 6.03m(-4.4) 6.19m(-4.0) 6.36m(-2.8) FOUL(-1.6) 6.07m(-4.6) | | | |



Triangular Performance Trial - 2/13/2021

G C Foster College

Results - The Triangular Training

Men Shot Put

| Name | Year | Team | | | | | | Finals |
|---------------------|--------|--------|--------|--------|--------|--------|--|--------|
| 1 Richards, O'Dayne | | MVP | | | | | | 18.83m |
| | 15.89m | 17.56m | 17.23m | 18.68m | 18.55m | 18.83m | | |



Triangular Performance Trial - 2/20/2021
Results - The Performance Trials

Women 60 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|-----------------------|-----------|--------|------|----|
| Finals | | | | |
| 1 Burchell, Remona | | 7.44 | -4.1 | 2 |
| 2 Forbes, Shashalee | | 7.46 | -4.1 | 2 |
| 3 Wallace, Shockoria | | 7.48 | -4.1 | 2 |
| 4 Nanda, Srabani | | 7.49 | -4.1 | 2 |
| 5 McGregor, Roneisha | | 7.50 | -4.1 | 2 |
| 6 Cameron, Kasheika | | 7.57 | -4.1 | 2 |
| 7 Scarlett, Grizell | | 7.77 | -2.4 | 1 |
| 8 Moodie, Mickaell | | 7.82 | -2.4 | 1 |
| 9 Hickling, Tissanana | | 7.89 | -4.1 | 2 |
| 10 Laidlaw, Kristen | | 8.20 | -2.4 | 1 |

Women 100 Meter Dash

| Name | Year Team | Finals | Wind |
|----------------------|-----------|--------|------|
| 1 Lindsay, Toni-Ann | | 12.71 | -3.7 |
| 2 Thompson, Yanique | | 12.75 | -3.7 |
| 3 Allison, Shannette | | 12.77 | -3.7 |
| 4 Henry, Shurria | | 13.01 | -3.7 |

Women 200 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|-----------------------------|-----------|--------|------|----|
| 1 Jackson, Shericka | | 22.96 | -1.8 | 2 |
| 2 Williams, Sada | | 23.46 | -1.8 | 2 |
| 3 Nanda, Srabani | | 23.76 | -1.8 | 2 |
| 4 James, Tiffany | | 23.83 | -1.8 | 2 |
| 5 Cameron, Kasheika | | 23.99 | -2.4 | 1 |
| 6 Wallace, Shockoria | | 24.09 | -2.4 | 1 |
| 7 Scarlett, Grizell | | 25.01 | -2.4 | 1 |
| 8 Kent, Danielle | | 25.69 | -2.4 | 1 |
| -- McPherson, Stephenie-Ann | | DNF | -1.8 | 2 |

Women 400 Meter Run

| Name | Year Team | Finals | H# |
|------------------------|-----------|---------|----|
| 1 Whyte, Ronda | | 52.48 | 2 |
| 2 Strachan, Anthonique | | 52.96 | 2 |
| 3 Jenkins, Tovea | | 53.21 | 2 |
| 4 Day, Christine | | 53.49 | 2 |
| 5 Williams, Ashley | | 55.14 | 2 |
| 6 Dallas, Kedisha | | 57.05 | 1 |
| 7 Harriot, Michae | | 57.94 | 1 |
| 8 Sinclair, Antoinette | | 1:07.76 | 1 |
| -- Reid, Brianna | | DNF | 1 |



Triangular Performance Trial - 2/20/2021**Results - The Performance Trials****Women Long Jump**

| Name | Year Team | Finals | Wind |
|--|-----------|--------|------|
| 1 Hickling, Tissanna | | 5.85m | 0.2 |
| 5.85m(0.2) FOUL(-0.8) FOUL(-0.6) PASS | PASS | PASS | |
| 2 Stewart, Jodian | | 5.43m | 0.6 |
| FOUL(-0.1) 4.40m(-0.3) FOUL(+0.0) 5.43m(0.6) FOUL(0.8) 5.36m(-0.2) | | | |

Men 60 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|------------------------|-----------|--------|------|----|
| 1 Forte, Julian | | 6.73 | -4.1 | 3 |
| 2 Ellis, Nigel | | 6.86 | -4.1 | 3 |
| 3 Carter, Nesta | | 6.90 | -4.1 | 3 |
| 4 Gayle, Tajay | | 6.90 | -4.1 | 3 |
| 5 Bailey, Oshane | | 6.93 | -4.1 | 3 |
| 6 Goldson, Kadrian | | 6.93 | -4.1 | 3 |
| 7 Compton, McKish | | 6.94 | -3.2 | 2 |
| 8 Cole, Rohan | | 6.96 | -4.4 | 1 |
| 9 Hinds, Chadic | | 6.97 | -3.2 | 2 |
| 10 Rodney, Brendon | | 6.98 | -3.2 | 2 |
| 11 McPherson, Odaine | | 7.00 | -4.4 | 1 |
| 12 Levy, Ronald | | 7.01 | -4.1 | 3 |
| 13 Broadbell, Rasheed | | 7.04 | -3.2 | 2 |
| 14 Barnswell, Ramone | | 7.07 | -3.2 | 2 |
| 15 Callender, Emmanuel | | 7.08 | -4.4 | 1 |
| 16 Morrison, Travane | | 7.17 | -4.4 | 1 |
| 17 Smith, Samuel | | 7.21 | -3.2 | 2 |
| 18 Small, Kareem | | 7.40 | -4.4 | 1 |

Men 100 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|-----------------------|-----------|--------|------|----|
| 1 Anderson, Kenroy | | 10.81 | -4.5 | 3 |
| 2 Whyte, Jevaughn | | 11.10 | -4.5 | 3 |
| 3 Sharp, Michael | | 11.18 | -4.0 | 2 |
| 4 Callender, Emmanuel | | 11.19 | -4.5 | 3 |
| 5 Rawlins, Javon | | 11.21 | -4.5 | 3 |
| 6 Dacres, Andrae | | 11.22 | -4.0 | 2 |
| 7 Silvera, Vaswanie | | 11.23 | -4.0 | 2 |
| 8 Wilson, Orane | | 11.38 | -4.0 | 2 |
| 9 Grant, Junior | | 11.39 | -4.5 | 3 |
| 10 Thomas, Keishon | | 11.43 | -4.5 | 3 |
| 11 Walters, Roger | | 11.68 | -4.0 | 2 |
| 12 Brown, Washington | | 11.70 | -4.5 | 3 |
| 13 Parkes, Joshuan | | 11.73 | -4.8 | 1 |
| 14 Sewell, Romal | | 11.78 | -4.8 | 1 |
| 15 Ellis, Anthony | | 11.95 | -4.8 | 1 |
| 16 Peters, Stevaughn | | 12.05 | -4.8 | 1 |
| 17 Shallow, Aravinda | | 12.15 | -4.0 | 2 |



Triangular Performance Trial - 2/20/2021**Results - The Performance Trials****...Men 100 Meter Dash**

| | | | |
|--------------------|-------|------|---|
| 18 Howell, Matthew | 12.16 | -4.8 | 1 |
| 19 Edwards, Adrian | 12.18 | -4.8 | 1 |

Men 200 Meter Dash

| Name | Year Team | Finals | Wind | H# |
|----------------------|-----------|--------|------|----|
| 1 Bailey, Oshane | | 21.02 | 0.9 | 5 |
| 2 Goldson, Kadrian | | 21.06 | 0.9 | 5 |
| 3 Blake, Yohan | | 21.11 | -1.9 | 3 |
| 4 Gaye, Demish | | 21.15 | 0.9 | 5 |
| 5 Blake, Akeem | | 21.21 | 0.6 | 4 |
| 6 Sharp, Michael | | 21.27 | 0.6 | 4 |
| 7 Smith, Samuel | | 21.40 | 0.6 | 4 |
| 8 Jackson, Jamoi | | 21.50 | 0.6 | 4 |
| 9 McPherson, Odaine | | 21.56 | -1.6 | 2 |
| 10 Grant, Junior | | 21.73 | -1.9 | 3 |
| 11 Thomas, Keishon | | 21.79 | 0.6 | 4 |
| 12 Dacres, Andrae | | 21.93 | -1.6 | 2 |
| 13 Baker, Devaughn | | 22.07 | 0.9 | 5 |
| 14 Dyett, Jalen | | 22.13 | -1.9 | 3 |
| 15 Ramie, Joseph | | 22.23 | -1.9 | 3 |
| 16 Barnswell, Ramone | | 22.40 | -1.9 | 3 |
| 17 Silvera, Vaswanie | | 22.47 | -1.6 | 2 |
| 18 Black, Robin | | 22.56 | -1.6 | 2 |
| 19 Wilson, Orane | | 22.72 | -1.9 | 3 |
| 20 Small, Kareem | | 23.11 | -1.6 | 2 |
| 21 Sewell, Romal | | 23.21 | -2.8 | 1 |
| 22 Ellis, Anthony | | 23.52 | -2.8 | 1 |
| 23 Wilson, Lushane | | 23.69 | -2.8 | 1 |
| 24 Peters, Stevaughn | | 23.90 | -2.8 | 1 |
| 25 Howell, Matthew | | 24.29 | -2.8 | 1 |
| 26 Anderson, Kenroy | | 24.59 | 0.9 | 5 |
| 27 Biggs, Glenmour | | 25.91 | -2.8 | 1 |
| -- Morrison, Travane | | DNF | 0.9 | 5 |

Men 400 Meter Run

| Name | Year Team | Finals | H# |
|---------------------|-----------|--------|----|
| 1 Slater, Akani | | 46.37 | 2 |
| 2 Barnes, Zandrion | | 47.50 | 2 |
| 3 Rodney, Brendon | | 47.62 | 2 |
| 4 Murray, Demar | | 47.79 | 2 |
| 5 Whyte, Troy | | 48.36 | 1 |
| 6 Williams, Romario | | 48.53 | 2 |
| 7 Jackson, OJ | | 48.61 | 1 |
| 8 Hinds, Chadic | | 48.78 | 1 |
| 9 Luke, Dennick | | 49.10 | 1 |
| 10 Murray, Yonnick | | 49.48 | 1 |
| 11 Dwyer, Rasheed | | 49.91 | 2 |



Triangular Performance Trial - 2/20/2021
Results - The Performance Trials

Men 60 Meter Hurdles

| Name | Year Team | Finals | Wind |
|----------------|-----------|--------|------|
| 1 Cole, Rohan | | 8.21 | -2.3 |
| 2 Facey, Lloyd | | 8.39 | -2.3 |

Men High Jump

| Name | Year Team | Finals |
|-------------------|-----------|--------|
| 1 Wilson, Lushane | | 2.11m |
| 2 Marshall, Damar | | 1.95m |

Men Long Jump

| Name | Year Team | Finals | Wind |
|-----------------------|-----------|--|------|
| 1 Ramie, Joseph | | 7.13m | -0.1 |
| | | 6.74m(-0.6) FOUL(-0.2) 6.82m(-0.1) 6.62m(0.5) 7.13m(-0.1) 6.93m(0.4) | |
| 2 Parkinson, Chevaugn | | 6.63m | 0.3 |
| | | 6.63m(0.3) FOUL(-0.1) FOUL(0.8) FOUL FOUL(0.2) FOUL(0.5) | |
| 3 Squire, Jordain | | 6.59m | 0.1 |
| | | 6.25m(-0.4) FOUL(0.4) 6.59m(0.1) FOUL(0.3) FOUL(0.6) FOUL(0.4) | |

Men Shot Put

| Name | Year Team | Finals |
|--------------------|-----------|---------------------------------------|
| 1 Parkinson, Moses | | 16.00m |
| | | FOUL 16.00m FOUL 15.70m 15.77m 15.79m |

Mixed 800 Meter Run

| Name | Year Team | Finals |
|----------------------|-----------|---------|
| 1 Tulloch, Adrian | M | 1:56.63 |
| 2 Wisdom, Taj-Leon | M | 1:58.11 |
| 3 Gordon, Royale | M | 1:58.59 |
| 4 Calvin, Jermaine | M | 2:08.95 |
| 5 Bromfield, Junelle | W | 2:11.62 |

