



2019 ORDER OF EVENTS

BOYS AND GIRLS CHAMPIONSHIPS

TUESDAY MARCH 26, 2019

TIME	EVENTS			STATUS
1:00 PM	LONG JUMP	CLASS 1	BOYS	PRELIMS
1:00	70 metres HURDLES	CLASS 4	GIRLS	PRELIMS
1:40	SHOT PUT THROW	CLASS 2	GIRLS	PRELIMS
1:30	80 metres HURDLES	CLASS 3	GIRLS	PRELIMS
1:55	100 metres HURDLES	CLASS 2	GIRLS	PRELIMS
2:00	JAVELIN THROW	OPEN	BOYS	PRELIMS
2:10	100 metres HURDLES	CLASS 1	GIRLS	PRELIMS
2:25	100 metres HURDLES	CLASS 3	BOYS	PRELIMS
2:45	110 metres HURDLES	CLASS 2	BOYS	PRELIMS
2:40	HIGH JUMP	CLASS 1	GIRLS	PRELIMS
3:05	110 metres HURDLES	CLASS 1	BOYS	PRELIMS
3:35	800 metres	CLASS 3	GIRLS	PRELIMS
3:45	LONG JUMP	CLASS 2	GIRLS	PRELIMS
4:05	800 metres	CLASS 3	BOYS	PRELIMS
4:35	800 metres	CLASS 2	GIRLS	PRELIMS
4:55	800 metres	CLASS 2	BOYS	PRELIMS
4:40	DISCUS THROW	CLASS 1	GIRLS	PRELIMS
5:25	800 metres	CLASS 1	GIRLS	PRELIMS
5:40	800 metres	CLASS 1	BOYS	PRELIMS
6:00	LONG JUMP	CLASS 2	BOYS	PRELIMS
6:20	200 metres	CLASS 4	GIRLS	PRELIMS
6:55	200 metres	CLASS 3	GRILS	PRELIMS
7:20	200 metres	CLASS 3	BOYS	PRELIMS
7:50	200 metres	CLASS 2	GRILS	PRELIMS
8:10	200 metres	CLASS 2	BOYS	PRELIMS
8:35	200 metres	CLASS 1	GRILS	PRELIMS
8:50	200 metres	CLASS 1	BOYS	PRELIMS
9:25	STEEPLE CHASE	OPEN	BOYS	PRELIMS



WEDNESDAY MARCH 27, 2019

TIME	EVENTS	CLASS	GENDER	STATUS
8:30 AM	LONG JUMP	CLASS 4	GIRLS	PRELIMS
8:30 AM	SHOT PUT THROW	CLASS 1	GIRLS	PRELIMS
8:30	DISCUS THROW	CLASS 1	BOYS	PRELIMS
8:30	100 metres DEC.	OPEN	BOYS	EVENT # 1
8:35	HIGH JUMP	CLASS 3	GIRLS	PRELIMS
8:45	1500 metres	CLASS 3	GIRLS	PRELIMS
9:15	1500 metres	CLASS 3	BOYS	PRELIMS
9:40	1500 metres	CLASS 2	GIRLS	PRELIMS
10:00	1500 metres	CLASS 2	BOYS	PRELIMS
10:15	1500 metres	CLASS 1	GIRLS	PRELIMS
10:35	1500 metres	CLASS 1	BOYS	PRELIMS
11:05	LONG JUMP DEC.	OPEN	BOYS	EVENT # 2
1:30 PM	DISCUS THROW	CLASS 3	GIRLS	PRELIMS
1:30	HIGH JUMP	CLASS 2	GIRLS	PRELIMS
1:35	400 metres	CLASS 3	GIRLS	PRELIMS
2:10	400 metres	CLASS 3	BOYS	PRELIMS
2:40	400 metres	CLASS 2	GIRLS	PRELIMS
3:00	SHOT PUT DEC.	OPEN	BOYS	EVENT # 3
3:05	LONG JUMP	CLASS 2	BOYS	FINAL
3:15	400 metres	CLASS 2	BOYS	PRELIMS
3:35	HIGH JUMP	CLASS 3	BOYS	PRELIMS
3:50	400 METRES	CLASS 1	GIRLS	PRELIMS
4:15	400 METRES	CLASS 1	BOYS	PRELIMS
5:05	DISCUS THROW	CLASS 1	GIRLS	FINAL
5:35	5000 metres	OPEN	BOYS	PRELIMS
5:30	SHOT PUT	CLASS 2	GIRLS	FINAL
5:40	HIGH JUMP DEC.	OPEN	BOYS	EVENT # 4
5:50	LONG JUMP	CLASS 1	BOYS	FINAL
6:30	4 X 100 metres RELAY	CLASS 4	GIRLS	PRELIMS
7:00	4 X 100 metres RELAY	CLASS 3	GIRLS	PRELIMS
7:20	4 X 100 metres RELAY	CLASS 3	BOYS	PRELIMS
7:40	4 X 100 metres RELAY	CLASS 2	GIRLS	PRELIMS
8:05	4 X 100 metres RELAY	CLASS 2	BOYS	PRELIMS
8:25	4 X 100 metres RELAY	CLASS 1	GIRLS	PRELIMS
8:45	4 X 100 metres RELAY	CLASS 1	BOYS	PRELIMS
9:05	400 METRES DEC.	OPEN	BOYS	EVENT # 5



THURSDAY MARCH 28, 2019

TIME	EVENTS	STATUS
8:15 AM	110mtr HURDLES DEC. OPEN BOYS	EV.# 6
8:30 AM	HIGH JUMP CLASS 4 GIRLS	PRELIMS
8:30	DISCUS THROW CLASS 2 GIRLS	PRELIMS
8:30	LONG JUMP CLASS 1 GIRLS	PRELIMS
8:40	SHOT PUT CLASS 2 BOYS	PRELIMS
8:50	400 metres Hurdles OPEN GIRLS	PRELIMS
9:15	400 metres Hurdles CLASS 2 BOYS	PRELIMS
9:35	400 metres Hurdles CLASS 1 BOYS	PRELIMS
10:00	DISCUS THROW DEC. OPEN BOYS	EVENT # 7
10:05	100 METRES CLASS 4 GIRLS	PRELIMS
10:40	100 METRES CLASS 3 GIRLS	PRELIMS
10:50	LONG JUMP CLASS 3 BOYS	PRELIMS
10:50	HIGH JUMP CLASS 3 GIRLS	FINAL
11:15	100 METRES CLASS 2 GIRLS	PRELIMS
11:45	100 METRES CLASS 1 GIRLS	PRELIMS
12:00 PM	JAVELIN THROW OPEN GIRLS	PRELIMS

2:00 PM MEDAL PRESENTATION

**Long Jump Classes 1&2 Boys, Shot Put class 2 Girls
High Jump Class 3 Girls, Discus Throw Class 1 Girls**

2:00 PM	TRIPLE JUMP CLASS 1 BOYS	PRELIMS
2:05 PM	HIGH JUMP CLASS 2 BOYS	PRELIMS
2:10	POLE VAULT DEC. OPEN BOYS	EVENT # 8
2:20	100 METRES CLASS 3 BOYS	PRELIMS
2:50	100 METRES CLASS 2 BOYS	PRELIMS
3:15	DISCUS THROW CLASS 1 BOYS	FINAL
3:25	LONG JUMP CLASS 4 GIRLS	FINAL
3:20	100 METRES CLASS 1 BOYS	PRELIMS
3:50	800 METRES CLASS 3 GIRLS	SEMI-FINAL
4:05	800 METRES CLASS 3 BOYS	SEMI-FINAL
4:25	800 METRES CLASS 2 GIRLS	SEMI-FINAL
4:40	800 METRES CLASS 2 BOYS	SEMI-FINAL
4:55	800 METRES CLASS 1 GIRLS	SEMI-FINAL
5;10	800 METRES CLASS 1 BOYS	SEMI-FINAL
5:00	SHOT PUT THROW CLASS 2 BOYS	FINAL
5:10	HIGH JUMP CLASS 3 BOYS	FINAL
5:20	1600 mtr MED. RELAY OPEN GIRLS	PRELIMS
5:55	1600 mtr MED. RELAY OPEN BOYS	PRELIMS
5:50	LONG JUMP CLASS 2 GIRLS	FINAL
5:55	JAVELIN THROW DEC. OPEN BOYS	EVENT # 9

**6:00 MEDAL PRESENTATION
Long Jump Class 4 Girls**



6:30	200 METRES	CLASS 4	GIRLS	SEMI-FINAL
6:45	200 METRES	CLASS 3	GIRLS	SEMEI-FINAL
7:00	200 METRES	CLASS 3	BOYS	SEMI-FINAL
7:15	200 METRES	CLASS 2	GIRLS	SEMI-FINAL

7:05 **MEDAL CEREMONY**
 Shot Put Class 2 Boys
 High Jump Class 3 Boys, Discus Class 1 Boys

7:30	200 METRES	CLASS 2	BOYS	SEMI-FINAL
7:45	200 METRES	CLASS 1	GIRLS	SEMI-FINAL
8:00	200 METRES	CLASS 1	BOYS	SEMI-FINAL
8:25	4 X 400 metres RELAY	OPEN	GIRLS	PRELIMS
8:50	4 X 400 metres RELAY	OPEN	BOYS	PRELIMS
9:15	1500 METRES DEC.	OPEN	BOYS	EVENT # 10

9:10 **MEDAL CEREMONY**
 Long Jump Class 2 Girls

9:30	2000 metres STEEPLE CHASE	OPEN	GIRLS	FINAL
9:50	2000 metres STEEPLE CHASE	OPEN	BOYS	FINAL



FRIDAY MARCH 29, 2019

TIME	EVENTS			STATUS
8:30 AM	TRIPLE JUMP	CLASS 2	BOYS	PRELIMS
8:30 AM	100 METRES HURDLES HEP.	OPEN	GIRLS	EVENT # 1
8:35	JAVELIN THROW	OPEN	GIRLS	FINAL
8:35	SHOT PUT THROW	CLASS 1	BOYS	PRELIMS
8:40	HIGH JUMP	CLASS 1	BOYS	PRELIMS
8:45	70 metres HURDLES	CLASS 4	GIRLS	SEMI-FINAL
9:10	80 metres HURDLES	CLASS 3	GIRLS	SEMIFINAL
9:15	100 metres HURDLES	CLASS 2	GIRLS	SEMI-FINAL
9:25	100 metres HURDLES	CLASS 1	GIRLS	SEMI-FINAL
9:35	100 metres HURDLES	CLASS 3	BOYS	SEMI-FINAL
9:55	110 metres HURDLES	CLASS 2	BOYS	SEMI-FINAL
10:15	110 metres HURDLES	CLASS 1	BOYS	SEMI-FINAL
10:30	LONG JUMP	CLASS 3	GIRLS	PRELIMS
11:00	HIGH JUMP HEP.	OPEN	GIRLS	EVENT # 2
1:05 PM	DISCUS THROW	CLASS 2	GIRLS	FINAL
1:10	LONG JUMP	CLASS 3	BOYS	FINAL

1:15 MEDAL PRESENTATION
Pole Vault Boys, Long Jump Class 2 Girls
Long Jump Class 4 Boy, Decathlon Boys, Javelin Girls
Steeplechase Girls and Boys

1:35	400 METRES	CLASS 3	GIRLS	SEMI-FINAL
1:40	HIGH JUMP	CLASS 4	GIRLS	FINAL
1:45	400 METRES	CLASS 3	BOYS	SEMI-FINAL
1:55	400 METRES	CLASS 2	GIRLS	SEMI-FINAL
2:05	400 METRES	CLASS 2	BOYS	SEMI-FINAL
2:15	400 METRES	CLASS 1	GIRLS	SEM- FINAL
2:25	400 METRES	CLASS 1	BOYS	SEMI-FINAL
2:40	100 METRES	CLASS 4	GIRLS	SEMI-FINAL
3:05	100 METRES	CLASS 3	GIRLS	SEMI-FINAL
3:05	DISCUS THROW	CLASS 3	GIRLS	FINAL
3:15	100 METRES	CLASS 3	BOYS	SEMI-FINAL
3:15	TRIPLE JUMP	OPEN	GIRLS	FINAL
3:25	100 METRES	CLASS 2	GIRLS	SEMI-FINAL
3:35	100 METRES	CLASS 2	BOYS	SEMI-FINAL
3:50	100 METRES	CLASS 1	GIRLS	SEMI-FINAL
4:05	100 METRES	CLASS 1	BOYS	SEMI-FINAL

4:35 MEDAL PRESENTATION
High Jump Class 1 Girls, Discus Class 2 Girls
Long Jump Class 3 Boys

5:05 – 6:00 OPENING CEREMONY
HONOUREES CEREMONY

6:10	POLE VAULT	OPEN	BOYS	FINAL
6:10	DISCUS THROW	CLASS 2	BOYS	PRELIMS
6:15	HIGH JUMP	CLASS 1	GIRLS	FINAL
6:20	TRIPLE JUMP	CLASS 1	BOYS	FINAL
6:20	SHOT PUT THROW HEP.	OPEN	GIRLS	EVENT # 3
6:25	1500 METRES	CLASS 3	GIRLS	FINAL
6:30	1500 METRES	CLASS 3	BOYS	FINAL
6:35	1500 METRES	CLASS 2	GIRLS	FINAL
6:45	1500 METRES	CLASS 2	BOYS	FINAL
6:50	1500 METRES	CLASS 1	GIRLS	FINAL
7:00	1500 METRES	CLASS 1	BOYS	FINAL

7:10 **MEDAL PRESENTATION**
Discus Class 3 Girls, Triple Jump Class 2 Boys
1500 metres Girls Classes 3&2, 1500 metres Boys Classes 3&2

7:20	400 metres HURDLES	OPEN	GIRLS	FINAL
7:30	400metres Hurdles	CLASS 2	BOYS	FINAL
7:35	400 metres HURDLES	CLASS 1	BOYS	FINAL

7:40 **MEDAL PRESENTATION**
1500 metres class 1 girls and boys

7:45	100 METRES	CLASS 4	GIRLS	FINAL
7:53	100 METRES	CLASS 3	GIRLS	FINAL
7:58	100 METRES	CLASS 3	BOYS	FINAL
8:08	100 METRES	CLASS 2	GIRLS	FINAL
8:13	100 METRES	CLASS 2	BOYS	FINAL
8:23	100 METRES	CLASS 1	GIRLS	FINAL
8:38	100 METRES	CLASS 1	BOYS	FINAL

8:43 **MEDAL PRESENTATION**
Triple Jump Class1 boys, High Jump Class 1 Girls
100 metres Girls Classes 4, 3 & 2
400 metres Hurdles Girls & Boys
100 metres Boys Classes 3 & 2

8:50	200 METRES HEP.	OPEN	GIRLS	EVENT # 4
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8:55 **MEDAL PRESENTATION**
100 metres Class1 Girls & Boys
Pole Vault Open Boys



SATURDAY MARCH 30, 2019

TIME	EVENTS			STATUS
1:00	LONG JUMP HEP.	OPEN	GIRLS	EVENT # 5
1:30	JAVELIN	OPEN	BOYS	FINAL
2:05	HIGH JUMP	CLASS 2	GIRLS	FINAL
2:15	400 METRES	CLASS 3	GIRLS	FINAL
2:20	400 METRES	CLASS 3	BOYS	FINAL
2:25	400 METRES	CLASS 2	GIRLS	FINAL
2:30	400 METRES	CLASS 2	BOYS	FINAL
2:35	400 METRES	CLASS 1	GIRLS	FINAL
2:40	400 METRES	CLASS 1	BOYS	FINAL
2:45	LONG JUMP	CLASS 3	GIRLS	FINAL
2:48	MEDAL PRESENTATION			
	400 metres Girls – Classes 3 & 2 – Boys 4, 3 & 2			
3:00	SHOT PUT THROW	CLASS 1	GIRLS	FINAL
3:05	70 metres HURDLES	CLASS 4	GIRLS	FINAL
3:10	80 metres HURDLES	CLASS 3	GIRLS	FINAL
3:15	MEDAL PRESENTATION			
	400 metres Class 1 Girls & Boys – Javelin Boys			
3:25	100 metres HURDLES	CLASS 2	GIRLS	FINAL
3:35	100 metres HURDLES	CLASS 1	GIRLS	FINAL
3:40	100 metres HURDLES	CLASS 3	BOYS	FINAL
3:43	HIGH JUMP	CLASS 2	BOYS	FINAL
3:45	DISCUS THROW	CLASS 2	BOYS	FINAL
3:50	MEDAL PRESENTATION			
	High jump class 2 girls –70 metres hurdle class 4 girls			
	80 metres hurdles class 3 girls –100 metres hurdles			
	Class 2 girls			
4:00	110 metres HURDLES	CLASS 2	BOYS	FINAL
4:10	110 metres HURDLES	CLASS 1	BOYS	FINAL
4:15	MEDAL PRESENTATION			
	100 metres hurdles class1 girls and class 3 boys			
4:20	800 METRES	CLASS 3	GIRLS	FINAL
4:25	800 METRES	CLASS 3	BOYS	FINAL
4:30	800 METRES	CLASS 2	GIRLS	FINAL
4:35	800 METRES	CLASS 2	BOYS	FINAL
4:40	800 METRES	CLASS 1	GIRLS	FINAL
4:45	800 METRES	CLASS 1	BOYS	FINAL
4:50	SHOT PUT THROW	CLASS 1	BOYS	FINAL
4:53	LONG JUMP	CLASS 1	GIRLS	FINAL
4:50	MEDAL PRESENTATION			
	110 metres hurdles classes 1&2 boys			
	800 metres classes 3 &2 boys and girls			



5:10	200 METRES	CLASS 4	GIRLS	FINAL
5:15	200 METRES	CLASS 3	GIRLS	FINAL
5:20	200 METRES	CLASS 3	BOYS	FINAL
5:25	200 METRES	CLASS 2	GIRLS	FINAL
5:30	200 METRES	CLASS 2	BOYS	FINAL
5:33	HIGH JUMP	CLASS 1	BOYS	FINAL
5:35	200 METRES	CLASS 1	GIRLS	FINAL
5:40	200 METRES	CLASS 1	BOYS	FINAL
5:45	JAVELIN HEP.	OPEN	GIRLS	EVENT # 6

5:50 MEDAL PRESENTATION
High Jump Class 2 Boys – Long Jump Class 3 Girls
Discus Class 2 Boys—800 metres Class 1 Boys & Girls
200 metres Classes 4, 3 & 2 Boys & Girls

6:00	1600 metres MEDLEY RELAY	OPEN	GIRLS	FINAL
6:10	1600 metres MEDLEY RELAY	OPEN	BOYS	FINAL
6:15	3000 METRES	OPEN	GIRLS	FINAL
6:25	TRIPLE JUMP	CLASS 2	BOYS	FINAL

6:30 MEDAL PRESENTATION

6:45 8 X 50 metres REIAY PRINCIPALS

7:00	4 X 100 metres RELAY	CLASS 1	GIRLS	FINAL
7:05	4 X 100 metres RELAY	CLASS 1	BOYS	FINAL
7:10	4 X 100 metres RELAY	CLASS 2	GIRLS	FINAL
7:15	4 X 100 metres RELAY	CLASS 2	BOYS	FINAL
7:20	4 X 100 metres RELAY	CLASS 3	GIRLS	FINAL
7:25	4 X 100 metres RELAY	CLASS 3	BOYS	FINAL
7:30	4 X 100 metres RELAY	CLASS 4	GIRLS	FINAL
7:40	800 METRES HEP.	OPEN	GIRLS	EVENT # 7

7:45 MEDAL PRESENTATION
200 metres Class 1 Boys & Girls –Medley Relay Boys & Girls
Grace Highlight

8:00	5000 METRES	OPEN	BOYS	FINAL
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8:25 MEDAL PRESENTATION
High Jump Class 1 Boys ---Long Jump Class 1 Girls
4x100 Relays Classes 3 & Girls
Heptathlon Open Girls
3000 metres Girls – 4x100 Relay Classes 1 & 2 Boys & Girls

8:40	4 X 400 metres RELAY	OPEN	GIRLS	FINAL
8:50	4 X 400 metres RELAY	OPEN	BOYS	FINAL

9:00 CLOSING CEREMONY