

**Pump IT UP 5K - 18/11/2018**  
**Mico Teachers College**  
**Data mgnt and Timing by On Di Run**  
**Rankings**

**Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	2888	Gordon, Garfield	M21 G Foster College	15:15.15
2	3233	Arons, Tanny	M16 Kingston College	16:47.43
3	3226	Henry, Gianni	M15 Kingston College	16:48.91
4	3244	Kirby, Jerome	M25 G Foster College	16:50.10
5	3452	Slater, Akani	M20 G Foster College	16:50.72
6	3231	Dawkins, Kirk	M16 Kingston College	17:04.96
7	3225	Henry, Giovouni	M15 Kingston College	17:05.58
8	2893	Gordon, Royale	M19 G Foster College	17:14.56
9	3230	Beadle, Amos	M17 Kingston College	17:20.42
10	2895	Henry, Akeem	M19 G Foster College	17:50.24
11	3388	Gordon, Brandon	M16 Camperdown High	18:02.99
12	3224	Edwards, Darnel	M13 Kingston College	18:19.25
13	3346	Edwards, Sho-Wayne	M36 Runfast	18:26.27
14	3222	Coke, Jaquan	M13 Kingston College	19:03.14
15	3229	Rhoden, Tarees	M18 Kingston College	19:03.68
16	3228	Richards, Raheem	M14 Kingston College	19:23.85
17	3345	Brown, Richard	M47 Wheels And Wheels Auto	19:24.19
18	3232	Ellis, Conroy	M17 Kingston College	19:41.17
19	3327	Pryce, Robert	M19 Arthur Grant	20:04.91
20	3011	Anderson, Oral	M56 Institute OF Higher Learn	20:07.59
21	3032	Martin, Stanley	M56 Institute OF Higher Learn	20:18.83
22	2886	Darby, Sheldon	M30 Unattached	20:19.31
23	3249	Waite, Kuwayne	M20 Rodgers	20:26.41
24	3243	Beckford, Kelly-Ann	W18 G Foster College	20:28.34
25	3428	Howell, Kemarr	M20 Arthur Grant	20:31.75
26	3223	Jackson, Jordan	M12 Kingston College	20:44.76
27	3443	Greenwood, Jahmain	M18 Dolphin Cove	20:48.66
28	3333	Pearce, Marchell	W16 Hydell High	20:52.07
29	3334	Campbell, Jodian	W15 Hydell High	20:53.12
30	3374	Richards, Christopher	M24 Lushington	20:55.01
31	3373	McPherson, Andre	M9 Buxton	21:04.18
32	3338	Jones, Shanta	W14 Hydell High	21:05.13
33	3462	Williams, Marvin	M19 Buxton	21:08.15
34	3337	Young, Alicia	W17 Hydell High	21:10.11
35	3457	Palmer, Sanekey	W22 Rodgers	21:16.38
36	3339	Jones, Jade	W16 Hydell High	21:18.04
37	3283	Allen, Rodick	M Lushington	21:19.36
38	3268	Gooden, Denver	M19 Rodgers	21:19.45
39	3445	Murray, Gobry	M24 Dolphin Cove	21:19.46
40	3272	Nicholson, Kadoe	M23 Rodgers	21:20.15
41	3312	Martin, Michael	M20 Buxton	21:21.15
42	3289	Henry, Paul	M20 Lushington	21:23.02
43	3396	Laing, Junell	W15 Camperdown High	21:24.01
44	3070	Hyde, Michka Mae	W17 ST Andrew High	21:25.14
45	3441	Daley, Oshane	M19 Unattached	21:26.18
46	3301	Huntley, Devaughn	M19 Bishop	21:28.45
47	3353	Clarke, Akeim	W21 Buxton	21:29.15
48	3395	Chambers, Jody-Kay	W17 Camperdown High	21:48.00

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49	3091	Miller, Tori Ann	W15	ST Andrew High	21:49.00
50	3461	Phoenix, Dowahney	M18	Lushington	21:55.00
51	3296	Ferron, Romario	M21	Bishop	22:01.00
52	3291	Francis, Alexander	M19	Lushington	22:07.14
53	3336	Campbell, Shyann	W18	Hydel High	22:08.19
54	3280	Watkins, Sedan	M19	Rodgers	22:19.20
55	3276	Brown, Kemar	M19	Rodgers	22:30.14
56	3038	Doman, Lesbourne	M30	Unattached	23:15.28
57	3279	Ferron, Amario	M21	Rodgers	23:15.46
58	3320	Forbes, Cajay	M20	Buxton	23:17.52
59	3270	Gordon, Malik	M21	Rodgers	23:18.36
60	3427	Freckleton, Abdull	M32	Buxton	23:19.81
61	3444	Bell, Delano	M18	Dolphin Cove	24:05.17
62	3389	Brown, Kevan	M	Camperdown High	24:15.11
63	3464	Johnson, Jerval	M24	Unattached	24:25.16
64	3394	Facey, Natassia	W17	Camperdown High	25:01.36
65	3382	Marshall, Jamie	M23	Arthur Grant	25:05.18
66	3007	Edwards, Keston	M20	Rodgers	25:18.02
67	3034	Padaoski, Garth	M34	Institute OF Higher Learn	25:22.13
68	3401	Goode, Dawn	W13	Camperdown High	25:24.10
69	3212	Smith, Damon	M49	Train Fit	25:26.14
70	3332	Mullings, Brittania	W14	Hydel High	25:26.15
71	3451	Lewis, Denzel	M70	Unattached	25:26.18
72	3379	Stoddart, Jeffery	M21	Buxton	25:26.57
73	3286	Thompson, Chris-Ann	W20	Lushington	25:27.03
74	3400	Brown, Ajada	W13	Camperdown High	25:27.14
75	3303	Walker, Jason	M22	Bishop	25:27.25
76	3398	Gray, Calissa	W12	Camperdown High	25:27.45
77	3450	Pennant, Romarlo	M25	Rodgers	25:28.08
78	3207	Browne, Faith	W40	Uct Steppas	25:28.14
79	3391	Leslie, Daniel	M17	Camperdown High	25:28.36
80	3246	Leith, Keshan	W20	Rodgers	25:29.04
81	3349	Mogan, Alex	M17	Arthur Grant	25:29.15
82	3446	Lovelace, Richard	M	Unattached	25:29.18
83	3305	Cassell, Leslie	M21	Bishop	25:29.27
84	3260	Mitto, Shakara	W15	Wolmers Girls	25:29.38
85	3259	Reid, Khalilah	W13	Wolmers Girls	25:29.39
86	3065	Baxter, Janel	W15	ST Andrew High	25:29.48
87	3342	Allen, Keneil	W27	Lushington	25:29.48
88	3433	Bullock, Okeeno	M18	Buxton	25:30.11
89	3277	Collins, Rabito	M19	Rodgers	25:30.17
90	3250	Duncan, Romario	M21	Rodgers	25:30.18
91	3381	Peart, Kimani	M19	Arthur Grant	25:30.24
92	3061	Marks, Shainia	W17	ST Andrew High	25:30.28
93	2880	Graham, Barrington	M45	Unattached	25:30.46
94	3269	Curtis, David	M21	Rodgers	25:30.52
95	3090	Gordon, Akaliah	W15	ST Andrew High	25:30.58
96	3290	Smith, Delano	M21	Lushington	25:31.02
97	3432	Hall, Raymond	M20	Rodgers	25:31.17

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98	3442	Blake, Lanvell	M25	Unattached	25:31.45
99	3263	Ellis, Derrangelo	W18	Wolmers Girls	25:32.05
100	3261	Edwards, Aajah	W15	Wolmers Girls	25:32.11
101	3072	Hunter, Kaniella	W14	ST Andrew High	25:33.20
102	3099	Bryan, Khari	M39	Lushington	25:33.45
103	3059	Josephs, Janielle	W18	ST Andrew High	25:34.00
104	3037	Fisher, Damion	M30	Unattached	25:34.01
105	3424	Martin, Davie	M38	Unattached	26:09.12
106	3066	Chambers, Ruth Ann	W16	ST Andrew High	26:14.05
107	3309	Brown, Dominic	M20	Buxton	26:19.20
108	3435	Bernard, Samantha	W44	Cas Innovation	26:32.01
109	3326	King, Andrew	M	Arthur Grant	26:35.04
110	3304	Arnett, Roldane	M20	Bishop	26:41.02
111	3459	Harris, Dianna	W19	Bishop	26:51.02
112	3399	Henry, Tiana	W12	Camperdown High	26:52.04
113	3282	Bricoe, Odane	M23	Lushington	27:04.18
114	3273	Titus, Lance	M27	Rodgers	27:11.13
115	3412	Benbow, Javaugh	M23	Mico Teachers College	27:19.02
116	3239	Edwards, Janette	W45	Unattached	27:36.28
117	3308	Rowe, Jarvis	M21	Buxton	27:47.01
118	3255	Greyson, Clive	M55	Unattached	28:00.01
119	3356	Thompson, Jordan	M21	Bishop	28:14.26
120	3354	Green, Kenneal	M21	Bishop	29:05.12
121	3256	Morrison, Gawayne	M23	Buxton	30:12.07
122	3036	Weston, Marlene	W55	Unattached	30:25.11
123	2897	Brown, Chevron	M22	Lushington	30:43.05
124	3367	Williams, Dahjae	M17	Arthur Grant	31:15.20
125	3074	Blake, Toni Ann	W15	ST Andrew High	31:19.58
126	3078	Lee, Rianna	W14	ST Andrew High	32:00.00
127	3211	Burnett, Rochelle	W50	Train Fit	32:12.00
128	3219	Wilcott, Kobi	W17	Train Fit	32:24.33
129	3209	Frith, Lesma	W52	Uct Steppas	32:45.06
130	3221	Skyers, Kimberli	W29	Train Fit	32:52.75
131	3258	McLean, Phillip	M32	Buxton	33:38.57
132	3414	Fearon, Tijani	M20	Mico Teachers College	33:40.38
133	3241	Rose, Zaundre	M12	Unattached	34:08.98
134	3300	Williams, Rhadika	W21	Bishop	34:17.53
135	3299	Morgan, Shana-Kay	W19	Bishop	34:18.79
136	2984	Peart, Tyrone	M28	Arthur Grant	34:19.01
137	3429	blake, David	M31	Arthur Grant	34:30.03
138	3240	Adman, Adrian	M27	Unattached	34:32.98
139	3410	Watson, Naleika	W23	Mico Teachers College	34:47.42
140	3357	Barnes, Davion	M20	Buxton	34:57.87
141	3285	Dehaney, Kadian	W22	Lushington	34:58.04
142	3214	Slack, Michelle	W47	Train Fit	34:58.95
143	3465	Nicholson, Alexi	W18	Rodgers	35:00.05
144	3431	Gayle, Adolph	M22	Mico Teachers College	35:13.83
145	3213	Henry, Aleisha	W39	Train Fit	35:27.34
146	3340	Hill, Jordain	M20	Bishop	35:36.48

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147	3351	Lindo, Shacory	M20	Arthur Grant	35:52.63
148	3217	Hanson, Dianne	W55	Train Fit	36:06.43
149	3434	Sinclair, Radre	M36	Cas Innovation	36:10.40
150	3430	Blake, Devon	M	Arthur Grant	36:26.25
151	3311	Heslop, Danielle	W22	Buxton	36:41.13
152	3203	Sinclair, Naudia	W47	Uct Steppas	37:05.95
153	3321	McIntosh, Trmaine	M24	Buxton	37:19.61
154	3206	Lodge, Courtney	M48	Uct Steppas	37:22.41
155	3322	Thompson, Kimone	W21	Buxton	37:22.97
156	3215	Douglas, Denise	W56	Train Fit	37:25.24
157	3287	James, Coleen	W	Lushington	37:54.54
158	3360	Graham, Larey	M22	Arthur Grant	38:12.14
159	3406	Tulloch, Jamila	W23	Arthur Grant	38:31.51
160	3409	Dixon, Rohanna	W22	Mico Teachers College	38:48.60
161	3378	Manning, Moyah	W20	Buxton	38:50.25
162	4969	Jones, Courtney	M18	Buxton	38:50.52
163	3220	Campbell, Shereen	W34	Train Fit	38:51.90
164	3023	MACRE, Tamara	W35	Institute OF Higher Learn	38:59.87
165	3386	Guthrie, Adriana	W27	Buxton	39:23.70
166	3463	Walker, Nicholas	M11	Unattached	40:09.51
167	3245	Desland, Roshena	W20	Rodgers	40:16.63
168	3436	Colson, Kemesa	W23	Cas Innovation	40:17.50
169	3347	Willis, Jenelia	W18	Buxton	40:38.17
170	3348	Alexander, Thyann	W21	Lushington	40:53.52
171	1877	Benjamin, Albert	M51	Mico Teachers College	40:53.76
172	3449	Rowe, Yvette	W62	Unattached	41:13.31
173	3210	English, Nicecey	W	Unattached	41:13.54
174	3000	Williams, Mark John	M17	Arthur Grant	41:16.31
175	3419	Barrett, Carleen	W25	Rodgers	41:25.51
176	3358	Marrah, Davion	M20	Buxton	41:45.81
177	3205	Gibbs, Kimone	W32	Uct Steppas	41:46.66
178	3310	Bell, Monique	W21	Buxton	42:00.01
179	3293	Dennis, Lamar	M18	Lushington	42:04.51
180	3416	Daley, Natalia	W21	Mico Teachers College	42:05.50
181	3411	Lewis, Ashawny	W20	Mico Teachers College	42:12.50
182	3377	Tomlinson, Veneicia	W22	Bishop	42:18.05
183	3375	Dixon, Shanique	W	Lushington	42:18.27
184	3204	Codling, Tracy-Ann	W30	Uct Steppas	42:18.47
185	3344	Gauntlett, Andree	W40	Train Fit	42:26.75
186	3043	Taylor, Stacy Ann	W	National Health Fund	42:38.73
187	3317	Walker, Abigail	W20	Buxton	43:02.30
188	3316	Robinson, Samelia	W25	Buxton	43:24.29
189	4977	Wilson, Sashell	W21	Bishop	43:26.80
190	4976	Johnson, Delroy	M24	Bishop	43:48.65
191	3253	Anderson, Makiela	W21	Rodgers	43:48.89
192	3437	Brown, Travoe	M22	Dolphin Cove	45:25.21
193	3438	Hastings, Jovine	W24	Dolphin Cove	46:33.19
194	3218	Wilcott, Jacqueline	W50	Train Fit	46:34.14
195	3284	Lampart, Gacia	W20	Lushington	46:40.16

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196	3319	Williams, Saskia	W19	Buxton	47:02.21
197	3460	Wynter, Kedeisha	W21	Arthur Grant	47:10.15
198	3393	Pasmore, Therese	W41	Unattached	47:10.87
199	3295	Barrett, Toni	W22	Lushington	47:24.25
200	3387	Lindsay, Sandukor	M41	Buxton	47:43.47
201	2901	Bell, Cleon	M23	Arthur Grant	51:26.83
202	3425	Clarke, Neasha	W32	Buxton	51:38.73
203	3426	Hawthorne, Joel	M24	Buxton	52:31.08
204	2987	Prendergast, Romario	M26	Lushington	52:31.30
205	3453	Prendergast, Samika	W16	Lushington	52:34.59
206	3313	Dinnal, Kalelia	W28	Buxton	52:57.03
207	3329	Rodney, Tiana	W26	Arthur Grant	53:10.77
208	3404	Caden, Sakura	W20	Arthur Grant	53:10.92
209	3405	Alsol, Deshauna	W20	Lushington	53:42.58
210	3455	Todd, Jamela	W20	Arthur Grant	53:44.45
211	3392	Smile, Clive	M25	Arthur Grant	53:56.03
212	3257	Carmola, Lance	M31	Rodgers	54:00.51
213	3408	Hines, Jaffia	W23	Mico Teachers College	55:22.36
214	3294	Myers, Tanisha	W18	Lushington	57:04.58
215	3355	Coley, Mickeasha	W27	Rodgers	57:23.55
216	3376	Thomas, Priscilla	W21	Buxton	57:39.00
217	3383	Pendecot, Andranese	W18	Unattached	57:57.57
218	3208	Benjamin, Taneil	W38	Uct Steppas	57:59.86
219	3341	Murray, Aliyah	W19	Arthur Grant	58:01.90
220	3281	Myles, Trishauna	W	Lushington	58:02.98
221	3413	Walton, Tasharn	W23	Mico Teachers College	58:03.18
222	3343	Britton, Shorna	W20	Arthur Grant	58:04.80
223	3423	Parker, Trefena	W19	Arthur Grant	1:03:01.19
224	3454	Massey, Dana	W20	Buxton	1:04:10.84
225	3352	Hamilton, Samantha	W24	Arthur Grant	1:04:11.06
226	3421	Douglas, Danielia	W18	Arthur Grant	1:04:26.48
227	3422	Topey, Shantel	W19	Arthur Grant	1:05:39.91

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**Mixed 5k Race Walk RR**

Comp#	Name	Team	Time	Points
1	4968	Smith, Andre	M37 Unattached	28:02.00
2	867	Morgan, Oshea	M30 Shizzle Fit	29:31.00
3	1878	Johnson, Gladstone	M25 Shizzle Fit	31:02.41
4	1253	Swaby, Anna Kay	W29 Shizzle Fit	32:46.78
5	1954	Blagrove, Karlene	W48 Pacers	33:15.28
6	1871	Kitson, Devon	M57 Ageless Wonders.	34:46.53
7	1959	Adlam, O'Jae	M20 Bishop	39:37.21
8	4999	Pinnock, Asburn	M52 Unattached	40:04.90
9	1969	Seymour, Winston	M18 Arthur Grant	40:05.15
10	870	McBean, Donovan	M42 Unattached	40:05.38
11	1774	Hutchinson, Adrian	M20 Lushington	42:49.14
12	1870	Vanhorne, Lanando	M19 Arthur Grant	42:52.29
13	1508	Davis, Carlene	W64 Uct Steppas	43:22.14
14	1873	Dixon, Nicole	W23 Rodgers	45:09.65
15	1777	Williams, Passonet	W22 Bishop	45:09.89
16	4990	Harriott, Daneka	W27 Bishop	45:13.73
17	4885	Mash, Jenieve	W20 Arthur Grant	45:14.68
18	4973	Morrison, Daniele	W23 Arthur Grant	45:17.36
19	1869	Flowers-Locario, Kimone	W19 Arthur Grant	45:20.21
20	1513	Hardware-Thomas, Jean	W59 Uct Steppas	46:07.23
21	4992	Mattheson, Rona	W21 Bishop	47:12.23
22	1515	Nosworthy, Angella	W77 Uct Steppas	47:12.70
23	1227	Wilson Hunter, Marissa	W26 Arthur Grant	48:12.80
24	1514	Neita, Marjorie	W58 Uct Steppas	48:53.10
25	1524	Goldbourne, Shamikie	W17 Rodgers	51:06.04
26	1763	O'Neil, Chayzann	M37 Lushington	51:06.26
27	1525	Bookal, Abigail	W20 Rodgers	51:06.46
28	1520	Gray, Shakeria	W19 Rodgers	51:25.91
29	4988	Crossley, Keris	W Rodgers	51:37.86
30	1967	Gowans, Vernardo	M25 Bishop	52:18.40
31	4978	Smith, Jason	M Bishop	52:34.60
32	1983	Loney, Dawnalee	W22 Bishop	52:50.51
33	1537	McCarthy, Idara	W20 Rodgers	52:51.73
34	1773	Johnson, Shevanese	W20 Lushington	52:57.02
35	4984	Isaacs, Tomoy	W18 Mico Teachers College	53:11.06
36	1762	Williams, Rashada	W21 Rodgers	53:18.02
37	4982	Farr, Michelle	W51 Uct Steppas	53:18.24
38	1240	Simmonds, Althea	W23 Lushington	54:00.37
39	4966	Coke, Keicia	W13 Arthur Grant	54:25.75
40	4965	Hay, Kerece	W35 Arthur Grant	54:33.04
41	4964	Turner, Camelia	W21 Arthur Grant	54:35.38
42	1865	Younger, Kimone	W22 Buxton	54:36.59
43	4974	Campbell, Warren	M20 Arthur Grant	54:36.88
44	4963	Cargill, Andice	W24 Arthur Grant	54:37.14
45	1291	Herron, Judith	W National Health Fund	54:48.84
46	1290	Brown, Roy	M National Health Fund	54:49.08
47	4994	Campbell, Joel	M37 Lushington	56:24.85
48	4993	Payne, Tasheka	W27 Lushington	56:30.40

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49	4955	Swaby, Tonianne	W20	Arthur Grant	56:49.82
50	1905	McDonald, Andre	M23	Arthur Grant	56:50.04
51	1782	Duncan, Xavier	M19	Bishop	57:04.43
52	1949	Letts, Shaquille	M22	Rodgers	57:21.25
53	4991	Card, Devar	M23	Buxton	57:22.35
54	1784	McLeod, Andrew	M24	Buxton	57:26.48
55	4967	Brown, Tricia	W25	Bishop	57:35.38
56	4981	Alvaranga, Sandra	W	Mico Teachers College	57:56.68
57	1250	Williams, Rhonda	W42	Unattached	57:58.66
58	1241	Jones, Karelle	W51	Unattached	57:58.89
59	4989	Muller, Nazma	W45	Unattached	59:38.24
60	4980	Gordon, Charmaine	W41	Unattached	1:00:27.06
61	4979	Goodrich, Orane	M21	Arthur Grant	1:00:27.29
62	1504	Leung, Kasia	W21	Lushington	1:01:02.57
63	1503	Walker, George	M22	Buxton	1:01:02.79
64	1860	Grant, Nishara	W18	Buxton	1:03:56.45
65	1861	Moffatt, Denora	W18	Buxton	1:03:56.68
66	961	Harriott, Aliyah	W18	Arthur Grant	1:05:43.70
67	1226	Mayne, Rose Marie	W18	Arthur Grant	1:05:48.17
68	1880	Campbell, Hadel	M20	Bishop	1:06:01.39
69	4996	Pinnock, Bethany	W18	Unattached	1:07:11.97
70	4997	Pinnock, Angelique	W16	Unattached	1:07:12.21
71	5000	Pinnock, Alvernia	W	Unattached	1:11:28.22
72	4998	Pinnock, Michelle	W48	Unattached	1:11:28.46